

gotrim<sup>®</sup>

# Tea & Cafe Recipes



# Tea Recipes

For each drink, use one packet of Tea



## ICED STRAWBERRY TEA

1 packet Tea  
1 scoop Pure Collagen+  
1 packet Ultimate Aloe® Powder – Strawberry Kiwi  
1 scoop Daily Greens powder (optional)  
15 oz water

Mix or blend on low.  
Serve over 2 or 3 frozen strawberries.



## ARNIE PALMER

1 packet Tea  
1 packet Isotonix® Digestive Enzymes  
A squeeze of fresh lemon  
10–15 oz water

Serve on the rocks.



## SUMMER SWEET TEA AND GREENS

1 packet Tea  
1 scoop NutriClean® Advanced Fiber Powder with Stevia  
1 scoop Daily Greens powder  
15 oz water

Serve over lots of ice.



## HOT LEMON DROP TEA

1 packet Tea  
6–10 oz hot water  
Fresh lemon juice to taste

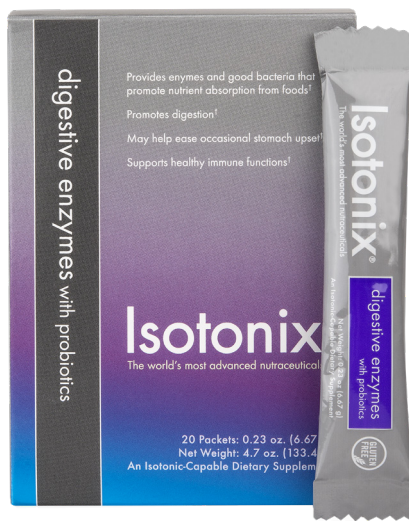
*Optional: Add Stevia*

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## PRODUCTS FEATURED IN TEA RECIPES

Tea, Pure Collagen+, NutriClean® Advanced Fiber Powder with Stevia, Ultimate Aloe® Powder – Strawberry Kiwi, Daily Greens powder and Isotonix® Digestive Enzymes





# Cafe Recipes

For each drink, use one packet of Cafe



## HAZELNUT DREAM

- 1 packet of Café
  - 6–8 oz of hot water
  - 1 tsp MochaTonix® – Chocolate Mocha
  - A splash of hazelnut milk
- (Hazelnut milk can be purchased in Tetra Pak® cartons in the organic section of most grocery stores, usually next to the Tetra Pak almond milk.)*

Serve hot or over ice.



## MOCHA SHAKE

- 1 packet of Café
- 1 tsp of your favorite MochaTonix
- Two scoops of your favorite Nutrition Shake
- 10 oz water

Mix or blend.  
Serve hot or cold.



## SHOT IN THE DARK CAPPUCCINO

- 1 packet of Café
- 6 oz hot water
- 2–4 oz warmed or steamed milk of choice (almond, rice, etc.)
- 1 tsp MochaTonix – Cappuccino

Serve hot or over ice.



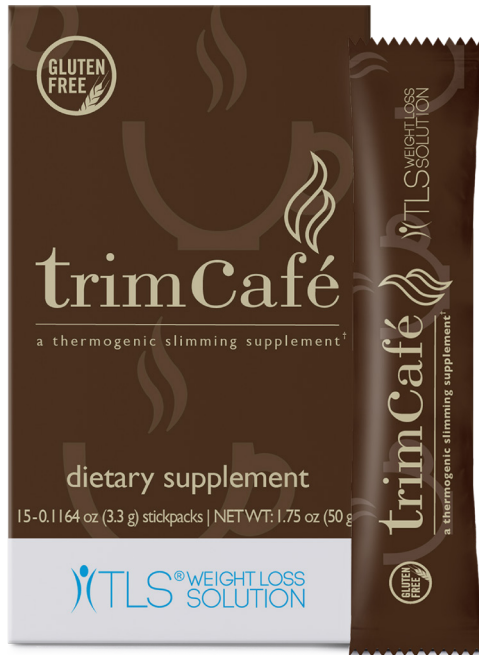
## CHRISTMAS IN A MUG

- 1 packet of Café
- 1 scoop Nutrition Shake – Chocolate or Vanilla
- 2 Tbsp Nestle® Coffee mate Peppermint Mocha creamer
- 10 oz hot water

Mix well.

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## PRODUCTS FEATURED IN CAFÉ RECIPES

Café, MochaTonix, Pure Collagen+, NutriClean® Advanced Fiber Powder with Stevia and Nutrition Shake – Chocolate or Vanilla

